

I claim:

1. A headrest for elevating a person's head to minimize pressure against the person's hair while the head is resting on the head rest, comprising:

a base pillow made of compressible material for resting on a supporting surface, the base pillow having a top surface of a selected area, a bottom surface and a selected thickness;

a head pillow made of compressible material and mounted on the base pillow, the head pillow having a top surface of an area substantially less than the top surface area of the base pillow upon which the person's head rests, and being positioned at a location on the base pillow spaced from at least a portion of the periphery of the base pillow to define a free area on the top surface of the base pillow at an elevation less than that of the head pillow for receiving at least a substantial portion of the person's hair.

2. The headrest of claim 1 further including a fabric covering positioned over at least the top surfaces of the base and head pillows.

3. The headrest of claim 2 wherein the fabric covering includes a removable outer slip of relatively smooth material and an inner slip of relatively coarse material.

4. The headrest of claim 3 wherein the relatively course material is low thread count cotton and the outer material is relatively high-count cotton, satin, silk, or NYLON®.
5. The headrest of claim 3 wherein the inner slip is a permanent covering.
6. The headrest of claim 1 wherein the compressible material is foam.
7. The headrest of claim 1 wherein the head pillow is positioned along one portion of the periphery of the base pillow with the remaining peripheral portions of the base pillow being spaced from the head pillow.
8. The headrest of claim 7 wherein the base pillow is rectangular and the head pillow has a rectangular top surface.
9. The headrest of claim 1 wherein the base pillow is made of foam and the head pillow is made of a first layer of relatively stiff foam positioned adjacent to the base and more flexible foam adjacent to the person's head.
10. The headrest of claim 9 wherein both the base pillow and head pillow are made of urethane foam.